

Welcome to the CPPE East Midlands Spring newsletter

We hope this newsletter finds you well. We're moving into longer days, better weather and all the positivity that this time of year brings.

As we plan for the year ahead it may be a good time to have a think about your continued professional development. This newsletter could be a great starting point and may provide you with key information and links to some of the newer and relevant topics accessible from CPPE.

For ease of navigation, we have split this document into three areas of practice: *Community* (page 2), *Hospital* (page 3), *Primary Care* (page 4). For *pharmacy technicians* in addition to the recommendations for your area of practice, we have further programmes that may be of interest on page 5. We have listed the topics that we think will be most relevant to each area. However, roles are not rigidly defined, so you may find learning that you want to undertake listed in another area of the newsletter to your primary area of practice.

Culturally competent person-centered care gateway page

In our autumn/winter newsletter, we let you know about CPPE's latest learning campaign, Seeing you better: Culturally competent person-centered care. We've expanded on this and have developed a new gateway page, where you can find lots of resources at your fingertips, including:

- **BRAND NEW- Health inequalities e-learning programme -[Health inequalities : CPPE](#)** explores what is meant by the term "health inequality" and how does it affect people using health services.

Click the link for the gateway page: [Culturally competent person-centred care \(cppe.ac.uk\)](https://cppe.ac.uk)

Compliment your learning around cultural competency with:

- **Remote consultation skills e-learning [Remote consultation skills : CPPE](#)**
- **[Shared decision making : CPPE](#)** Now open to all NHS pharmacists and pharmacy technicians in a patient facing role in England. Follow the link above to apply to this superb, completely free programme



Supporting pharmacy professionals working in Community Pharmacy

NHS community pharmacist consultation workshops

We know how hard you're all working to support CPCS so more CPPE workshops 'NHS Community Pharmacist Consultation Service' are now available to book. [Book a workshop \(cppe.ac.uk\)](https://cppe.ac.uk) To find out more if you are eligible to book these workshops click this link [CPCS : CPPE](#) . Our East Midlands tutors Meera and Sue are running an event on the 12th June 2022.

** NEW Health Inequalities- Focus on vaccine hesitancy optimise online workshop

This workshop will give you the chance to explore factors that contribute to vaccine hesitancy, establish why a person may be vaccine hesitant through effective consultation skills, construct appropriate responses to those who are vaccine hesitant to instill trust and build a rapport. This will link in with cultural competency and consultation skills. **The East Midlands are running an event on 6th of July, as are other regions.** Please click to secure your place: [Book a workshop \(cppe.ac.uk\)](https://cppe.ac.uk)

**NEW Type 2 diabetes focal point online workshop

NICE have released a new guidance NG28 [Overview | Type 2 diabetes in adults: management | Guidance | NICE](#) . CPPE have worked with stakeholders and NICE to develop an online workshop for you to discuss the changes to the guidelines and how you can support people living with type 2 diabetes better. Book a place on this workshop to learn more: [Type 2 Diabetes: supporting people better : CPPE](#) Our local tutors Penny and Meera will be running an event on the 5th July and the 9th September. Other national dated events are available.

**NEW

CPPE are proud to offer Leading for change –NOW OPEN for applications from all pharmacy professionals working in **ANY AREA areas of pharmacy (including, community and primary care, hospital, health and justice)** for more details see here: [Leading for change : CPPE.](#)

Many of us, during the pandemic have found ourselves leading – perhaps without even realising it. Leading for change presents you with the chance to consolidate those skills into a structured learning programme, linking to your current role and organization, plus an opportunity to link to the wider healthcare system, NICE, CQC, SPS and NHSE&I. Places are limited.

Trainee Pharmacists undertaking foundation training year

Are you going to be supporting a new trainee pharmacist as they start their foundation training year? Don't forget trainee pharmacists can register with the CPPE website and access ALL resources available through CPPE including online workshops. [Trainee pharmacists : CPPE](#)

Online workshops

For a full list of available workshops, including hypertension and substance misuse, please click the listings link: [e-workshop listing : CPPE](#). As these are national events you have a wide choice of available dates, so book your place now at the time that works best for you.

Please feel free to contact your local CPPE tutors - Meera Joshi, Penny Mosley, Emma Anderson and Sue Smith.

Meera.joshi@cppe.ac.uk

Penelope.mosley@cppe.ac.uk

Susan.smith@cppe.ac.uk

Emma.anderson@cppe.ac.uk

Supporting pharmacy professionals working in Hospital Pharmacy

Orientation to hospital pharmacy

Do you have any new pharmacy professionals in your team? Are they joining you from another sector? This new online e-course can help support their induction and transition into a hospital setting, to identify their learning needs and to ensure they have what they need to feel confident and capable starting work. This is also great for any trainee pharmacists undertaking their Foundation Training Year. Visit the orientation to hospital pharmacy e-course [here](#) for more information.

Accuracy Checking Pharmacy Technician programme

Are you a hospital based pharmacy technician ready for the next stage of your career? Are you ready for a new and exciting challenge? Then the CPPE ACPT may be for you! This is a 3-12 month training and development programme available to pharmacy technicians, with employer support. The course is designed to support you in meeting a range of competencies during your training in order to deliver safe and effective patient care. It includes tasks that will develop your leadership skills to support the team and drive performance.

Our programme offers a blended approach to learning that includes resources for self-directed study, e-learning and practice-based activities. It is flexible so that it meets the needs of stakeholders. Following comprehensive assessment, you will be able to use this learning to support optimisation of skills in the dispensary. Click [here](#) for more information

Hypertension Online Workshop

[Hypertension - online : CPPE](#) online workshop aims to enable you to support people with hypertension and consider how to optimise their treatment using a shared decision making approach.

Quality improvement

We've all been there. You're working hard and can clearly visualize how you can improve a service. But where do you begin? We're here for you! Check out [Quality Improvement e-learning –Quality improvement \(QI\): an introduction for pharmacy professionals : CPPE](#)

Controlled drugs in chronic pain: supporting patients with safe and effective use.

There are opportunities for pharmacy professionals working in all sectors of practice to improve patient care, in relation to the safe prescribing and use of controlled drugs. However, there are many challenges to recognise and address. Conversations with patients, carers and prescribers about prescribed controlled drugs use may be perceived to be difficult for a variety of reasons, especially where there may be risks or concerns of dependence or withdrawal. To find out more work through the e-learning programme to see how you can change your practice: [Controlled drugs in chronic pain: supporting patients with safe and effective use : CPPE](#)

Clinical factsheets

Do you have any clinical update needs? If so, we have a [portfolio of fact sheets](#) that you may find useful to refresh your knowledge of that particular condition. These can also provide you with links to appropriate further resources. Examples of these factsheets include Stroke, end of life care and Sepsis.

Supporting pharmacy professionals working in primary care

Quality Improvement (QI)

As with leadership, QI is part of the pathway, but what if you're not completing PCPEP? Where do you begin? Right here, with our introduction for pharmacy professionals. [Quality improvement \(QI\): an introduction for pharmacy professionals : CPPE](#)

Primary Care Pharmacy Education Pathway (PCPEP)

If you are newly working in primary care the [Primary care essentials e-course : CPPE](#) which is part of **module 1 of the PCPEP pathway is available for you to start at anytime** (even if you are not undertaking the pathway)

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Online workshops

We have recently released the schedule of [online, tutor supported workshops](#) for the new semester running over the spring and summer. We encourage any interested applicants to register their place now, as places are allocated on a first-come, first-served basis. Topics that will appeal to those working in primary care include **mental capacity act, falls prevention, medicines optimisation in care homes, type 2 diabetes and hypertension**.

Structured medication review- e-course- CPPE tutor supported

This e-course covers individual therapeutic areas and builds up to complex multimorbidity cases for you to explore and discuss a person centered shared decision making approach to care.

This e-course will begin on the following dates:

- 10th January 2022
- 9th May 2022
- 12th September 2022

Places are limited and this course is often oversubscribed. Book your place here: [Structured medication review : CPPE](#)

Substance use and misuse: e-course and assessment

Fully updated and revised programme! [Substance use and misuse : CPPE](#)

Supporting pharmacy technicians working across all sectors in the East Midlands

**** NEW** Pharmacy technicians: enhancing your professional practice e-course**

As most will know, the pharmacy technician qualification has changed in recent years. CPPE have considered these changes and are pleased to present to you the **'Pharmacy technicians: enhancing your professional practice' e-course**. Aimed to support pharmacy technicians who completed their training **prior** to the changes, this programme is free and aims to give you the tools to recognize your own gaps in learning and support you to fill them. [CPPE news](#) article explains in more detail.

Please click the link for more information: [Pharmacy technicians: enhancing your professional practice : CPPE](#)

Pharmacy Technician Gateway Page

Did you know that CPPE hosts a dedicated gateway page just to support pharmacy technicians with their learning and development? This page hosts information relating to the Accuracy Checking Technician Programme (ACPT), Core and foundation learning such as 'Professionalism and professional judgement for pharmacy technicians' through to advanced learning such as 'Shared Decision Making (SDM)' and Team Learning. Visit [this page](#) for themed learning.

E-learning modules and e-assessments

We have a range of pharmacy technician specific e-learning aimed to support you to deliver your roles. A couple of examples are:

- **Professional judgement and professionalism for pharmacy technicians** [Professionalism and professional judgement for pharmacy technicians : CPPE](#) - a great e-learning for those that are new to the profession
- **Substance use and misuse: e-course and assessment** – Fully updated and revised programme! [Substance use and misuse : CPPE](#)

APTUK East Midlands Branch

In February 2021, the East Midlands APTUK branch was initiated. Over a year later, we've presented some interesting topics and more is planned for the future, so please watch this space. We support pharmacy technicians working across Derbyshire, Nottinghamshire, Lincolnshire, Northamptonshire, Leicestershire and Rutland.

Branch meetings for members and occasionally non-members. More details and how to become a member can be found on the APTUK website.

The branch contact details are:

@APTUKEastMids - Twitter handle

eastmidlandsbranch@aptuk.org – email address

Spring 2022 online events now open for registration

We are delighted to announce the launch of our online events for the spring 2022 semester! All core events and workshops will be held online via Zoom, and as such, are open to registered pharmacy professionals located anywhere in the country.

The full list of topics for events across the spring 2022 semester are located [e-workshop listing : CPPE](#) so have a look at the gaps in your current knowledge and book on soon!